

Group walks – risk assessment- Hike on Lancashire- Managing Covid 19 to walk safely



This risk assessment document is to be used as a guide with walk leaders having a dynamic and risk sensible approach to pragmatic adaptations to situations which may emerge during a walk.

Ramblers group / scheme name	Hike on Lancashire	Date of risk assessment	22/08/2020
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Possible hazards	Who might be harmed and how?	Ways to control the risk
Transmission of COVID-19 through close contact / meeting other people	Walkers, members of the public – risk of spreading COVID-19	Walk leaders will: <ul style="list-style-type: none"> • Avoid leading walks through known hotspots such as seaside town centres, Lake District villages • Require walkers to confirm attendance by Friday before the walk (via text) • Register names and contacts of all walkers before the walk start- these will be kept for 21 days then destroyed securely • Advise walkers at the start of the walk to maintain physical distancing, and what to do at any pinch points or road crossings – this is everyone’s responsibility.
		Group size will be limited to 20 and HOL members only (and less if walk leader feels this is necessary due to walk location)
		Website, Facebook etc will be updated to remind walkers that they should not attend walks if displaying any symptoms, use of track and trace and related processes, restrictions on numbers. It is the responsibility of the walker/ group member to abide by local differences in lockdown rules.
		Webpage should advise walkers bring hand sanitiser.
		Walk start time now 15 minutes earlier to allow time for distanced registering of walkers. All walk members to identify themselves to the walk leader with track and trace information on arrival.
Transmission of COVID-19 through touching gates, stiles, fences or equipment	Walkers, members of the public – risk of spreading COVID-19	Clarify with walkers on the day protocols such as gate opening to reduce handling. Strategies may be that the first person after the walk leader opens, holds and closes the gate to reduce contact; walkers encouraged to use hand sanitiser if they have handled gates, stiles etc
		Food , drink and other equipment should not be shared
		Website reminder about the need to minimise touch points and use hand sanitiser as required (members to supply their own)

<p>Do you (or does someone else from your household) have COVID-19 symptoms?</p>	<p><i>If so, you should self-isolate in line with government guidance.</i></p> <p><i>You must not take part in Ramblers activities during this time.</i></p> <p><i>Symptoms include a high temperature, a new continuous cough and the loss, or a change to your sense of smell or taste. Find out more about COVID-19, and what you should do if you have symptoms on the NHS website in England, Wales or Scotland.</i></p>
<p>Are you 'clinically vulnerable'?</p>	<p><i>If you (or someone you live with) are at higher risk of getting seriously ill from coronavirus, you should take extra care to minimise contact with others from outside your household.</i></p> <p><i>Taking part in a Ramblers activity may put you and those around you at higher risk. It may not be the right decision at this time.</i></p> <p><i>Remember – everyone over 70, and those with certain underlying health conditions are considered to be 'clinically vulnerable'. You can find more information from the NHS in England, Wales or Scotland.</i></p>